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# STARS SHINE ON BROADWAY'S BIG NIGHT

IDINA MENZEL WAS A HIGHLIGHT OF THE 68TH ANNUAL TONYS. PAGE 19



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# GRAFFITI

**Blank canvas.** For the last 15 years, Graffiti-Free NYC has spent countless hours cleaning up the five boroughs.

**Tag free.** The program offers removal free of service while hiring working-class New Yorkers. PAGE 02

# WARRIORS

Christian Medina, 28, with Graffiti-Free NYC puts on a mask before getting ready to clean up stray tags around the city. / AARON ADLER, METRO

## Driver in Morgan crash turns himself in

PAGE 12

## 'Little Liars' lied about pretty much everything?

PAGE 20

# 0:00

**Stanley Cup.** Time played with the lead this series: Rangers 50:03, Kings 0:00

PAGE 28



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## NEWS

### Today's tweet

"The post Puerto Rican Day parade sunburn/tanline struggle is real on the 4 train right now."

@galeamons on Sunday's parade aftermath



### Top 3

**What's trending online at Metro.us**

**1** 'What's wrong with the MLB draft?'

**2** PHOTOS: California artist Marty Cooper blends sketch drawings with real life'

**3** Father's Day gift ideas: What to get your rad dad'

# Crews hit city streets for a graffiti-free NYC

**Cleanup act.** Graffiti-Free NYC works to keep neighborhoods clean and safe.

Standing on Metropolitan Avenue in Brooklyn, Carlos LaSalle watched white graffiti melt to the sidewalk as his crew sprayed illegible tags off a brick wall.

"When I first started, it was just a job," said LaSalle, 42, who has worked with Graffiti-Free NYC for 14 years. "Now, it's more about our quality of life."

Since the Graffiti-Free NYC Program began in 1999, crews have cleaned graffiti off of more than 170 million square feet of surfaces.

The program, a cooperative effort between the Economic Development Corporation, Department of Sanitation and the Mayor's Community Affairs Unit has three goals: provide free graffiti removal, offer skill-enhancing jobs for New Yorkers and enhance neighborhood aesthetics.

Indirectly, Graffiti-Free NYC follows the same logic as the "broken windows" theory, touted by NYPD Commissioner Bill Bratton, whereby the curbing of neighborhood vandalism might prevent escalating criminal activity.

But for Graffiti-Free NYC, removing graffiti is more about keeping vandalism at bay to help local businesses and increase property values.

As LaSalle said, "Graffiti



Workers apply a biodegradable solution to the graffiti before crews spray on hot, high-pressured water to dissolve the tags. / AARON ADLER, METRO

### By the numbers



## 13,844

The number of incidents closed by Graffiti-Free NYC in 2012

## 11,367

The number of incidents closed by Graffiti-Free NYC in 2013

fit makes the neighborhood look bad."

The hope is that quickly removing graffiti from industrial areas — such as Brooklyn's East Williamsburg, thought to be the city's graffiti hub — not only discourages the practice but keeps the vandals away from residential neighborhoods.

A 2009 law made it so that any graffiti reported to 311 is scheduled to be cleaned unless the owner opts out, which expedites the process. If property owners don't respond after 35 days, the graffiti is removed without their permission.

This, along with the owner's option to consent to all future graffiti removal, is ideal for stopping "re-tags," officials said.



Visit [metro.us](http://metro.us) for a slideshow of Graffiti-Free NYC at work.

"If you wait too long, they will tag it again," LaSalle explained. "If they see we keep cleaning it, then it will be clean for at least a few months."

Graffiti-Free NYC works with nonprofits to employ low-to-moderate income New Yorkers, a few who spoke with pride about their work.

"It's our duty," said Christian Medina, 28, who

has been with Graffiti-Free NYC for three years. "We're cleaning up the community."

One of the program's ongoing challenges is high-rise and rooftop graffiti. Though crews use a lift for some elevated jobs, the program can only clean graffiti located about 10 feet off the ground.

In the future, remote-controlled technology could make cleaning all graffiti easier.

"There are a lot of ways the program can go," Andrew Mainardi, assistant vice president of property management at the Economic Development Corporation said.



ANNA SANDERS  
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### Ongoing investigation

## Man killed in Brooklyn shooting

A Brooklyn man died after a shooting in Bed Stuy Sunday at 1 a.m.

Cornell Clarke, 21, passed away from a

gunshot wound to his chest. A 17-year-old girl was shot in her hip, and a 19-year-old woman in her buttocks and thigh.

The surviving victims were listed in stable condition. No arrests have been made.

CHESTER JESUS SORIA

### Reality TV

## Man found dead near 'Mob Wives' bar

A man was found dead early Sunday outside a Staten Island bar made famous by reality show "Mob Wives."

Officers responded to a call about a 46-year-old man found at 3:40 a.m. outside the Drunken Monkey Bar and Grill in West Brighton. He was pronounced dead at the scene after he appeared to have fallen and hit his

head during an earlier fight. No arrests have been made. Co-owners Sallyann Lombardi and Angela Raiola, better known to fans of "Mob Wives" as "Big Ang," opened the bar in 2007.

EMILY JOHNSON



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## Puerto Rican pride on display at annual parade

The 57th annual National Puerto Rican Day parade marched up Fifth Avenue on Sunday, along with an estimated 1 million participants. Under the banner "One Nation, Many Voices," grand marshals City Council Speaker Melissa Mark-Viverito and U.S. Rep. Nydia Velazquez led the parade from 44th Street to 79th Street in honor of the city's hundreds of thousands of Puerto Rican residents and their contributions to the city over the decades. /MILES DIXON/METRO



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# G train to get more trains for weekday service

**Boost.** Lawmakers, advocates expect 25 percent increase in service on Mondays through Fridays between 3-9 p.m.



G TRAIN RIDERS CAN EXPECT MORE RUSH HOUR SERVICE.  
 GETTY IMAGES

The MTA is expected to increase G train service in the afternoon and evening rush hours, easing the daily commute for the 125,000 people who ride it every weekday.

Straphangers can expect trains to run at regular intervals, new public announcement systems at 12 stations across the line and new signs to warn riders exactly where the four-car train will stop at platforms. The changes are a result

**Quoted**

**"The G train is increasingly becoming a major artery for Brooklyn and Queens residents and we need to make sure that service keeps up with ridership on the line."** Blesso

of a 2013 MTA review after local lawmakers joined with transit advocates by Riders Alliance to seek to improve the line.

"Today the G rarely means the beginning of a great ride," said state Sen. Daniel Squadron in a statement.

Squadron and fellow state Sen. and Martin Dulan jointly requested the recommendations from the Riders Alliance, which were included in the final report.

John Blesso, a Riders Alliance member who lives off the Broadway G train stop in South Williamsburg, called it a "solid first step."

SAMAR KHURSHID  
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Knife fight

## Three arrested in slashing attack over subway seat

Police said three people are recovering after an argument over a subway seat on a northbound

**5**

THE INCIDENT  
HAPPENED ON A 5 TRAIN

5 train in the Bronx on Saturday evening escalated into a knife

fight.

Three men were arrested and charged with slashing a 26-year-old woman's back, as well as a 19-year-old man in his face and neck and a 27-year-old woman in the face.

All three victims are expected to survive.

EMILY JOHNSON

Persons of interest

## Police seek girls tied to Bronx beating

NYPD is looking for six teenage girls in connection with the assault of two 16-year-old girls in the Bronx.

Lauren London, Infinity Hammonds, Joy Starr,

Samoi Emm, Celene Miller and Fanny Lexus are all being sought in connection to the May 31 attack.

Authorities said the two victims were walking toward the 5 train at around 6 p.m. on May 31 when at least six girls assaulted them.

The victims were left bleeding and bruised

By the numbers

**6**

Number of persons of interest

with black eyes, bloody noses, lacerations and swelling on their faces and bodies.

CHESTER JESUS SORIA



King the cat found a home only hours after he was put up for adoption on Sunday morning. / ASPCA

# Cat kicked in viral video finds home

**Rescued.** The gray tomcat was quickly adopted after weeks of recovery.

and playful cat," the organization said in a statement.

A video posted to Facebook last month sparked outrage when it showed a Brooklyn man kicking the cat some 20 feet through the air.

Andre Robinson, 21 years old, was arrested and charged with aggravated animal cruelty shortly after the video went viral. Robinson is expected to appear in court again on Monday.

"King's case reinforces the importance of report-

Quoted

"King's case reinforces the importance of reporting animal cruelty in a timely manner."

Lawrence

ing animal cruelty in a timely manner," Howard Lawrence, senior director of operations for ASPCA Humane Law Enforcement, said.

"It also illustrates the positive impact of animal welfare groups working closely with law enforcement, like the partnership between the ASPCA and the NYPD that helped King and brought his attacker to justice," Lawrence added.

EMILY JOHNSON  
@metronewyork  
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King, the cat that survived being kicked into their air, has landed on his feet.

After weeks of medical treatment and socialization, the ASPCA said the 1-year-old tomcat found a new home on Sunday.

"During his stay with the ASPCA, King has proven to be an affectionate

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cats who need a home by visiting the ASPCA Adoption Center.

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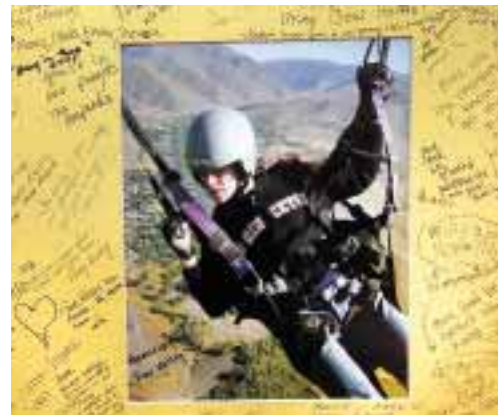
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## Captivity. Bergdahl describes his harsh treatment, solitary confinement to US officials

U.S. Army Sergeant Bowe Bergdahl suffered harsh treatment at the hands of his Taliban captors including long periods of solitary confinement, according to U.S. military officials who also said the soldier is struggling emotionally and has not yet called his parents.

One U.S. military official told Reuters the 28-year-old is physically well enough to travel back to the United States for treatment. He is suffering from disorders affecting his skin and gums that could be expected after his five-year captivity, the official said, confirming a report in The New York Times.

The newspaper reported on Sunday that Bergdahl told medical officials in Germany that the Taliban kept him in a metal cage in the dark for weeks after he tried



A poster of Bergdahl signed by guests inside Zaney's coffee shop where Bergdahl worked as a teenager in Hailey. / GETTY IMAGES

### Prisoners

# 3

U.S. Rep. Mike Rogers said he thought at least three of the five prisoners swapped for Bergdahl would return to the battlefield.

to escape.

The soldier is struggling with emotional issues and has not contacted his parents although he is free to do so at any time, the official told Reuters on condition of anonymity. **REUTERS**



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- York St customers may also use the High St **A** station, where **F** service is available.

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## Ambush

## Five dead in shooting on Las Vegas police

An armed man and woman shouting about a "revolution" opened fire and killed two Las Vegas policemen who were eating lunch in a pizza parlor on Sunday, then

fatally shot a civilian in a nearby Walmart store before killing themselves, police said.

The two uniformed patrol officers, later identified as Alyn Beck, 42, and Igor Soldo, 32, — were ambushed without provocation shortly before 11:30 a.m. inside a CiCi's Pizza shop,

authorities said. One of the two officers managed to return gunfire before the suspects fled to an adjacent Walmart, where they killed a bystander inside the front door.

Moments later, the female suspect shot her accomplice to death, then took her own life, police said. **REUTERS**

## Truck driver in Tracy Morgan crash surrenders to police

**Collision.** The impact caused a chain reaction involving another truck, an SUV and two other cars.



comedian James McNair, known by his stage name Jimmy Mack, of Peekskill, New York, died at the scene, according to New Jersey State Police.

The comics were returning from a performance in Delaware around 1 a.m. on Saturday when a Wal-Mart truck slammed into the back of their chauffeured Mercedes limo bus near Cranbury Township, flipping it over.

The driver of the truck, Kevin Roper, 35, of Jonesboro, Georgia, turned himself in to face a charge of death by auto, a police spokesman said.

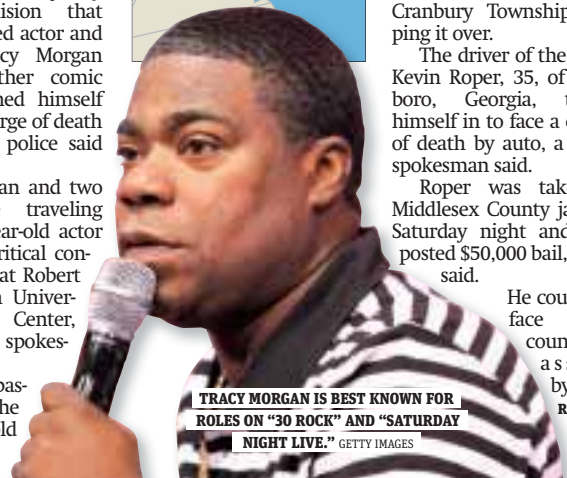
Roper was taken to Middlesex County jail late Saturday night and later posted \$50,000 bail, police said.

He could also face four counts of assault by auto. **REUTERS**

A truck driver who allegedly caused a New Jersey highway collision that critically injured actor and comedian Tracy Morgan and left another comic dead has turned himself in to face a charge of death by auto, state police said Sunday.

Tracy Morgan and two other people traveling with the 45-year-old actor remained in critical condition Sunday at Robert Wood Johnson University Hospital Center, according to a spokeswoman.

A fourth passenger on the bus, 62-year-old



TRACY MORGAN IS BEST KNOWN FOR ROLES ON "30 ROCK" AND "SATURDAY NIGHT LIVE." GETTY IMAGES

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# Gene tests might give cancer patients quicker treatment

**Testing.** Clinical trials for the new method will take place in some 400 research centers.

A new way of evaluating tumors may soon help cancer patients identify the underlying genetic link to their disease — and the best possible treatment — all in a single test.

Researchers are set to begin clinical trials using a more comprehensive test-



The Lung Master Protocol trial, also known as Lung-MAP, is a public-private partnership between the National Cancer Institute, Amgen, AstraZeneca and its U.S.-based biotech arm MedImmune, Roche's Genentech unit and Pfizer. / GETTY IMAGES

ing method that looks for all of the known genes that may be active in a tumor.

The new method could guide patients to the right drug earlier, potentially replacing current tests known as companion diagnostics that only look for a specific biological trait or "biomarker."

The presence of a biomarker can predict whether a new class of drugs called targeted therapies will work on particular tumors.

Results of these broader tests could even be used to

quickly identify which patients might benefit from experimental drugs being tested in clinical trials. U.S. health officials see it as the future direction of cancer diagnostics. **REUTERS**

## Quoted

**"We really are moving away from this one drug, one biomarker, one companion diagnostic."**

Dr. Richard Pazdur, U.S. Food and Drug Administration's oncology chief

## Junk food

### Young kids recognize unhealthy food brands

For very young children, awareness of food brands increases greatly between ages 3 and 4 and is highest for unhealthy foods, said a new study from Ireland. Food-brand knowledge predicts what kids will ask for later, said lead author Mimi Tatlow-Golden of the School of Psychology at University College Dublin. **REUTERS**



## Executive action

### Obama to issue order easing student loan debt pressures

President Barack Obama will issue an executive action Monday aimed at making it easier for young people to avoid trouble repaying student loans, a White House official said.

The president will sign an order directing the secretary of education to ensure that more students who borrowed federal direct loans be allowed to cap their loan payments at 10 percent of their monthly incomes. The administration says this action will help up to 5 million more borrowers. **REUTERS**



## Manly. Does the pill change what women want in a partner?

Women who take oral contraceptives desire different traits in an imaginary man than women not on the pill, according to a small study in Italy.

Past research has found that when women view images of potential male partners during the most fertile time of their menstrual cycle, they tend to prefer the guys with more

masculine traits.

Participants in this study rated their preference for male characteristics like athleticism, social class and shoulder width.

The women who were not on the pill preferred men with more masculine characteristics, both physical and psychological, the study found. **REUTERS**



## President of Ukraine plans new anti-Putin team

Ukraine's newly installed President Petro Poroshenko is set to remake a governing team that will handle the crisis with Russia, with talks on gas prices Monday providing an early test of his new relationship with Russia's Vladimir Putin. Poroshenko's swearing-in as president at a pomp-filled but relaxed ceremony on Saturday conveyed the feeling that a line had been drawn under six months of unprecedented and bloody upheaval, which toppled his predecessor, Viktor Yanukovich. But behind the euphoria that Ukraine might now, at last, start to "Live in a new way," as Poroshenko's campaign slogan promised, lies the reality of seething separatism in the east in which Ukraine sees Moscow's hand, and Russia's opposition to his plans to lead Ukraine into mainstream Europe. Shown are people shouting slogans during a rally of Maidan activists in Kiev. Ukraine's new President Petro Poroshenko is inset. **REUTERS** / GETTY IMAGES

## New president

### Egypt's Sisi takes office in inauguration

Abdel Fattah al-Sisi promised to rule Egypt in an inclusive manner after he was sworn in as president

on Sunday but gave no indication he would reconcile with the Muslim Brotherhood movement he removed from power



nearly a year ago. The inauguration ceremony had low-key attendance by Western allies concerned by a crackdown on dissent. **REUTERS**

## Breezy bike ride

### Naked bicyclists stage festive Portland protest ride

Thousands of bicyclists, many of them stark naked, poured into the streets

of Portland, Oregon, on Saturday night for the 11th annual World Naked Bike Ride, a protest that promotes bike riding as an alternative to driving cars.

Nude cyclists with lights flashing in their tire spokes

rang bells as they barreled down avenues lined with cheering spectators.

Cyclists showed up in Normandale Park an hour before the ride, shedding garments according to the ride theme "as bare as you dare." **REUTERS**





## Funny fish appear to be operatic

This pair of wide-mouthed amphibious fish looks like they're singing a duet in a talent show audition. Wildlife photographer Daniel Trim couldn't believe the strange display unfolding when he spent time watching a group of mudskippers (Oxudercinae). He observed them in a range of funny poses as they languished in the mud at Krabi in Thailand.

METRO WORLD NEWS / DANIEL TRIM, REX FEATURES

## OMG! New massage gets your butt into shape for summer

The latest body treatment brings a new meaning to the phrase "beach bum." The "Shiney Hiney" is a massage that smooths and scrubs your tush into shape for the summer. Skin by Molly, a spa in Brooklyn, offers a deep purifying facial-style cleanse for bums in need of some TLC. Molly Lamb, the woman behind the "butt facial," helps Metro get to the bottom of this bizarre skin therapy.

### Why did you decide to offer the "Shiney Hiney" treatment?

A client came to me with acne on her rear end, and I thought, if one person needs it, there have got to be more.

**You're working in an intimate area, so do your clients wear**



Visit us online at [metro.us/omg](http://metro.us/omg) for more interviews.

### underwear?

I have a disposable thong that they wear.

### Men too?

I haven't had any men book yet, but it's not gender specific.

### Who would be your ideal "Shiney Hiney" poster girl?

Oh, Sofia Vergara. She has beautiful, smooth skin.

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Film producer Jane Rosenthal shortly before receiving the Montblanc de la Culture Arts Patronage Award for her advocacy of the arts. / WIREIMAGE

# Bringing the magic of film into city schools



## Arts education.

Since 2002, the Tribeca Film Institute has been nurturing the next generation of filmmakers.

Anyone who has been following the state of arts education in schools today knows that one thing is true: Funding for creative programs in schools is constantly under threat.

Since 2002, the Tribeca Film Institute has been

working with schools across the country to develop the next generation of young filmmakers. Founded by actor Robert De Niro, Craig Hatkoff and De Niro's long time producing partner Jane Rosenthal, the Institute runs programs across the country and abroad. "The Film Institute was sort of an unexpected turn," said Rosenthal recently just before receiving the Montblanc de la Culture Arts Patronage Award for her work with the Institute. "To see kids come out of it and use 'Tribeca' as a noun or an adjective. ... They'll say,

'Oh, I did Tribeca,' or 'Are you Tribeca-ing this year.' And it's just — how did that happen?" she asked with a laugh. "It's just an unexpected joy for me to get to have that in my life and to be passionate about that."

While the average filmgoer probably doesn't know Rosenthal's name, they've almost certainly seen the movies she's worked on, which include "Analyze This," "Meet the Parents" and "About a Boy." Along the way she has also worked with the Institute and other filmmakers to give young people a creative outlet. Last Tuesday,

## Quoted

**"Every kid needs a break where you can express yourself in different ways. It's not just English and algebra that you need functional knowledge in."**

Rosenthal

she was honored by the Montblanc Cultural Foundation and De Niro himself for her longtime advocacy of the arts.

As Lutz Bethge of the



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## Movie magic

## The stars of tomorrow

Since its founding, the Tribeca Film Institute has created several programs to grow creative talent. About 25,000 students attend the Institute's programs annually. These include:

- **Tribeca Teaches:** An in-school and after-school program that uses film as a tool in the classroom.
- **Tribeca Youth Screening Series:** A film series that helps expose New



Rosenthal and De Niro / GETTY IMAGES

York City students to independent films.

- **Summer Arts Institute:** A tuition-free

summer-intensive program that allows students to major in artistic disciplines including dance, film, theater and photography.

foundation puts it, Rosenthal had a significant impact on the arts and the state of the creative industry in Lower Manhattan, particularly after September 11. "I think she did something extraordinary for the film industry," says Bethge, "because she gave young directors an opportunity by giving this area new hope, bringing in young people and giving them a new direction, allowing them to find their

own way."

Since the Institute began 12 years ago, Rosenthal has become a passionate advocate of encouraging creativity in schools. "Art programs have been slashed, that's the first thing to go," she notes. "And after that it's sports programs. Every kid needs a break where you can express yourself in different ways. It's not just English and algebra that you need functional knowledge in."

The star producer also sees bigger and better things for the Institute in the years to come. "I would like the program to be in every one of New York City's public schools. I would love to see it grow nationally and internationally. ... So I think I have a bit of fund-raising to do in that case," she says.



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# From dorm room to Hollywood



**Celebrities.** Before they were famous, they hit the books.

#### Academic star

### Kourtney Kardashian

The only one of the Kardashian sisters to earn a college degree, the reality star graduated from the University of Arizona

with a bachelor's in theatre arts and a minor in Spanish. (Her brother Rob is a proud holder of a 2009 degree from the University of Southern California's Marshall School of Business.)



Kourtney Kardashian is a graduate of the University of Arizona. / GETTY IMAGES

### Jon Hamm

Decades before his character Don Draper enthralled fans on "Mad Men," Hamm was an English major at the University of Missouri, even briefly teaching middle school after graduation.

### Ashton Kutcher

Before he rose to fame playing the dumber-than-a-box-of-rocks Kelso on "That '70s Show," the sitcom star and producer was planning to study biochemical engineering at the University of Iowa.

star studied business and finance at the University of Portland, arriving as an 18-year-old freshman from India in 1999.

wood graduated magna cum laude from Oklahoma's Northeastern State University in 2006 with a bachelor's degree in mass communication with an emphasis in journalism.

### Kunal Nayyar

"The Big Bang Theory"

### Carrie Underwood

A year after winning "American Idol," Under-



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# WTF, Hugh Jackman

**Tonys.** Last year we got an entire circus, this year we got four minutes of kangaroo hops.

For the 68th annual Tony Awards, Hugh Jackman didn't want to try to top Neil Patrick Harris' four years of excellence — leading up to last year's impressively acrobatic opening number in celebration of "Pippin." Instead, he and the creative team went for a low-key lead-in, featuring Jackman bouncing through the audience and backstage against overtures from the various musicals that were up for awards this year (an obscure homage to Bobby Van's sequence in 1953's "Small Town Girl").

Part of his bit included soft jokes about being Australian, which he somehow did not exhaust last time he hosted the Tonys in 2003. And then there was



We would never call Hugh Jackman dull, but his hosting didn't quite reach Neil Patrick Harris heights. / CBS

one joke that, upon hearing Jackman was hosting the awards show this year, NPH reached out with a congratulatory, "Wow, that's fantastic!" — or, at least, that's what Jackman assumes he meant by "WTF."

We also got a brief interlude in which Jackman joined the "After Midnight" ensemble in a quick tap number. ("Wolverine in tap shoes — you won't see that at ComicCon," he quipped.)

It's disappointing that cutesy jokes and a few song-and-dance asides summed up the hosting gig this year. It's classy, it's just

not what we're used to — and it's not a competition, so why fear falling short? Probably because nothing says "go big or go home" like the Tony Awards.

At the very least, Jackman provided a neutral backdrop for the musical numbers woven throughout the show, including, "One Day More" from "Les Misérables," "Friend Like Me" from "Aladdin" and Idina Menzel's powerhouse solo of "Always Starting Over" from "If/Then."



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## And the Tony goes to:

- **Best play:** "All the Way"
- **Best revival of a play:** "A Raisin in the Sun"
- **Best Performance by an Actress in a Leading Role in a Play:** Audra McDonald, "Lady Day at Emerson's Bar & Grill"
- **Best Performance by an Actor in a Leading Role in a Play:** Bryan Cranston, "All the Way"
- **Best Book of a Musical:**

Robert L. Freedman, "A Gentleman's Guide to Love & Murder"

- **Best Direction of a Musical:** Darko Tresnjak, "A Gentleman's Guide to Love & Murder"

- **Best Direction of a Play:** Kenny Leon, "A Raisin in the Sun"

- **Best Original Score (Music and/or Lyrics) Written for the Theatre:** "The Bridges of Madison County"

## 2 CULTURE

### Quoted

"I must thank mom and dad for ... not medicating your hyperactive kid and finding out what she loved instead."

Audra McDonald, thanking her parents upon winning her record-breaking sixth Tony Award



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# Pretty alive and scheming, actually



"Pretty Little Liars" returns Tuesday, June 10 at 8 p.m. / ABC FAMILY

**Interview.** "Pretty Little Liars" star Sasha Pieterse reveals what's ahead for her recently revived character.

"Pretty Little Liars" may have endless mysteries to reveal each season, as the long-anonymous A pursues the four main characters, offering them blackmail threats. But one big mystery has finally been solved (spoiler alert!): We learn that former mean girl Alison DiLaurentis, whose apparent murder kicked off the action in the first season, has been alive the whole time. Now that she's back in the open, things are likely to change for everyone, since Alison was no stranger to creating enemies. Sasha Pieterse, who plays Alison, discusses playing in the present tense for a change.

**Have you always known that Ali would rejoin the other girls?**

I always anticipated it. In the books, Alison had a twin and that's who was alive, and when I found that they weren't going to do the twin theory with Alison, I figured, "OK, something cool's going to happen." And [show creator] Marlene King totally blew away my expectations.

**Are you excited to not exist solely in flashback?**

I'm so excited. It's been so much fun filming, for many reasons. I mean, flashbacks are great ... but I get to wear cur-

rent clothes and there's characters like Caleb [Tyler Blackburn] who I've never had a scene with, and now I have, and those were fun things mainly because I'm really reunited with everyone.

**Do you ever get weird reactions from fans because of the character you play on the show?**

When I started the show and I started to see how big it was getting, I totally thought I was going to get hate mail and super weird reactions, because Alison was such a mean character. But I didn't. It was actually completely the opposite and I thought that was so hilarious. Usually what I get now is, "She's alive!"

**Alison's brother Jason is A, right? Can you please confirm?**

I think I would get fired.

LISA WEIDENFELD  
@metronewyork  
lisa.weidenfeld@metro.us

## Coming up

### Baggage and turmoil

**What's in store for Alison this season?**

There's a lot of characters who you haven't seen, and if you have seen them, you haven't seen them with Alison, and now you do. Alison comes back into Rosewood and causes a tornado to rip through this town and basically drives everyone mad. I think it's really what happens with Alison that no matter how much she's changed, she goes back into town and ... she's basically wrecked people's lives, people are still going to remember that. I think a lot of people were happy that she was gone, and hoped that she'd stay gone, and now it's bringing up all kinds of baggage and turmoil.

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**22**

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By now it may no longer be a shock that Bobcat Goldthwait — best known for his '80s stint as a screeching comic and reluctant "Police Academy" icon — is an acclaimed filmmaker. But his latest film may surprise fans of his comedies "World's Greatest Dad" and "God Bless America." "Willow Creek" is a found-footage horror film about a couple (Alexie Gilmore and Bryce Johnson) filming their search for Bigfoot.

#### Did this come about because you have a particular passion for found-footage movies?

No, no. I'm not a fan of found-footage movies — although that's kind of like saying you're not a fan of Westerns. There are good found-footage movies. It's just that I always wonder who the creep is who found this footage and edited it together. Who said, "Well, I'm sorry your family got killed and mutilated, but if we re-edit it it will be a really good tribute to them?" [Laughs] There are only 67 edits in "Willow Creek." I was trying to always think about why someone's still filming. I feel for the most part

# BOBCAT GOLDTHWAIT

The one-time actor is now a director, whose latest is the Bigfoot-themed horror film "Willow Creek."

## INTO THE WOODS

I justified why the camera stays on.

#### Did you go back and study found-footage movies?

No, but I actually think "Blair Witch" is a great movie. But I didn't go back and revisit it. I probably should have, because then there'd be less similarities. But I think people have gotten away from what makes them great. In an effort to be different from the older found-footage movies,

they make them more and more unbelievable.

#### It also has unusually well-rounded characters who aren't mere meat to be hacked up.

In a lot of horror pictures the characters are never too likeable. When slasher movies started we all started vicariously living through the monsters. You have people on screen that you want to see dead. I wanted you to empathize with [these characters] before horrible things

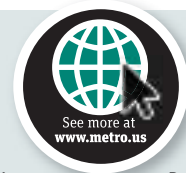
#### Come dancin'

**You've been working for years on your dream project: a film of the Kinks album "Schoolboys in Disgrace." What's the current state of that?** "Schoolboys" is definitely my passion project. It's my dream. I've been talking to some actors who would be great for the [lead] part, and if they got attached that means I could get funding. Most of my movies are small, so getting funding isn't hard. But this is a bigger movie, where I have big sets

and big dance numbers. It's the movie I want to make more than any other movie. It would be funny if I make it and people go, "Eh."

#### Have you gotten Ray Davies involved?

Oh yeah, Ray's onboard. That's been the greatest side product of me trying to get the movie going: getting his blessing and then becoming friends. Ray's onboard as one of the producers. He's going



to re-record the songs with the cast. The thing about Ray, and I think we have this in common, is he's really about creating and constantly moving forward. If I was trying to pitch this as a nostalgia piece, I don't think that would interest him. It's the idea of putting a new spin on it. I understand. I mean, personally, I try to be polite the fourth time a day someone brings up "Police Academy."

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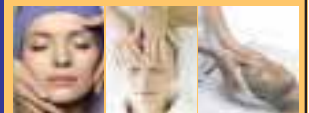
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happen to them. I try to make them believable characters. I'm not a fan of horror movies that are self-aware. I don't like meta. If I'm in a movie I want to be caught up in the world they make.

**What was it like shooting in the woods? Did you**

**find yourself in the same position as your characters?**

We filmed this big scene in a tent in the middle of the night, and during the first take Bryce started crying. I was like, "That was really good, but I don't think your character would cry." And he was like, "My

character's not crying. I'm crying because why are we filming this outside in the middle of the woods? We should film it in a hotel parking lot. No one's going to know where we are."



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Senior embryologist Jessica Bailey evaluates a patient's embryos at the Boston IVF lab in Waltham. / NICOLAUS CZARNECKI, METRO

**Fertility.** As more women wait to start families, they are putting their reproductive future into the frosty hands of science.

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## The cost

The procedure, which involves hormone injections, blood work, an ultrasound and vaginal oocyte retrieval, isn't cheap. It typically costs about \$5,000 to freeze the eggs, then as much as \$7,000 when the time comes to use them.

"Financially, I could afford it," said Kim. "I almost looked at it like it was insurance, or a good investment."

Quoted

**"It is a wonderful option, but I do feel women should plan childbearing earlier rather than later for so many reasons. Think of this as a safety net or a backup plan."**

Dr. Alison Zimon, reproductive endocrinologist at Boston IVF

time hasn't come yet."

Elective egg freezing has gained momentum since the American Society of Reproductive Medicine removed the experimental label from the procedure in 2013.

Dr. Alison Zimon, a reproductive endocrinologist at Boston IVF, points to a noticeable uptick in women opting for vitrification since she joined Boston IVF in 2006.

"It's no longer investigational; it's becoming mainstream," says Zimon. "And it's wonderful because it's an option for women to not

feel pressured into having a baby if it's not the right time, if the relationship is not right or if they have too much going on in their career."

Despite the empowerment and flexibility that egg vitrification offers women, Zimon said she hopes prospective mothers don't put all their eggs in one frozen basket. "It is a wonderful option, but I do feel women should plan childbearing earlier rather than later for so many reasons.

"Think of this as a safety net or a backup plan."

Before 40

## Timing it right

There is no perfect age for women to freeze their eggs, according to Zimon, though the younger they are the better their chances of a healthy pregnancy when they're ready.

"We definitely advise people to think of this before they turn 40; the ideal is under 35. I find a lot of women doing it in the 28-to-35 age bracket," said Zimon.

A healthy woman with good quality eggs is looking at a 50 to 55 percent chance of becoming pregnant down the line, Zimon said.



MORGAN ROUSSEAU  
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Bailey places a patient's eggs in a liquid nitrogen storage tank at the Boston IVF lab.

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# MAKE ANGER WORK FOR YOU

*Ever since I had a baby, my mother has been driving me crazy with unsolicited gifts and advice. She's always doing things for me because it meets her needs, not mine. When I express my irritation, she says I'm unappreciative and that it's unladylike to be angry. What should I do?*

When I was a 20-something living in San Francisco, my Harvard-educated feminist roommate introduced me to "her bible": Dr. Harriet Lerner's "The Dance of Anger." Many of Lerner's points resonated with me, only I had been socialized to hide my anger or call it something more acceptable: frustration.

While it has been ages



Your anger is natural, but expressing it properly will help keep the peace. / PURESTOCK

since I read Lerner's book, a few points have always stuck with me.

Anger is natural and hardwired into our brains. Like other emotions, it triggers physiological and

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biological reactions. It's a signal that our boundaries are being violated. In your case, your mother is the intruder into your personal space, undermining your sense of competency, and

your anger is urging you to push back. But how you push back can make a difference in how she responds and, more importantly, how you feel about yourself.

## How to cope

- Write an uncensored letter expressing every annoying thing she has ever done to you. But do not send this letter; it's intended to help you release anger from your body so that it doesn't fester or leak out in

undesirable ways.

- Show appreciation while setting clear boundaries. Set up a time (when you're not in an argument) to meet. Begin by saying that you appreciate her desire

to be helpful, but that you need some room to develop your own parenting style.

- Accept that while you can assert your own needs, you can't control how others respond. If your mother

still refuses to respect your wishes, you may need to approach her with a sense of humor. At least you've made your case.

*Metro does not endorse the opinions of the author.*



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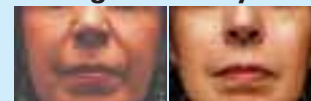
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Monday, June 9, 2014

JOBS 26

# 'Do what you are' at work

## Know yourself.

Finding the perfect job starts with assessing your personality.

On the surface, the advice that young people should select careers that fit their personalities seems obvious, but a quick look at the stats reveals that it's anything but.

A survey released last year by Gallup revealed that nearly two-thirds of employees reported that they were "not engaged" at work.

That doesn't surprise Paul Tieger. Along with Barbara Barron and his daughter Kelly Tieger, the author has just released the fifth edition of "Do What You Are."

"When you are doing something that is not about who you are, that's a prescription for burn-out," Tieger says.

Here are some of their



People who know they stress out in environments with tight deadlines should gravitate toward fields in which they can give themselves the time and space they need. / WAVEBREAK MEDIA

tips for finding the best job for you:

greatly enhance your quality of life.

## Make a lateral move

If you are certain that your current department or environment isn't working for you, see if you can make a lateral move within your organization, advises Kelly Tieger. Applying for a different position may not make a difference in your salary, but it might

## Know yourself

Career changers who want to explore their personality types can take a quiz at personalitytype.com/dowhatyouare. (But don't fret too much about your results, they say.)



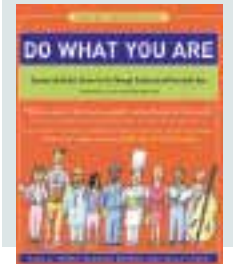
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## Advice

## Ignore the 'trendy jobs'

"It's a difficult economy, so it can be hard to buck the trends," notes Kelly Tieger. But while considering the current so-called trendy jobs, it's also important to be realistic. "Think of the typical artistic type," says Paul Tieger. "Those people really need to be true to themselves. The key is understanding what your strengths are."

Remember, the perfect job for your friend may not work for you.



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EXAM NO.: 4104 APPLICATION DEADLINE: June 24, 2014 APPLICATION FEE: \$68.00 (Non-Refundable)

TEST DATE: (subject to change): Saturday, October 18, 2014

JOB DESCRIPTION: Receive, check, classify, store and distribute materials and supplies at the storerooms and facilities of the NYC Transit system.

SALARY: \$29.6200 per hour with increments to \$31.4275 in the fourth year for a 40 hour work week

## BUS MAINTAINER (CHASSIS)

EXAM NO.: 4303 APPLICATION DEADLINE: June 24, 2014 APPLICATION FEE: \$61.00 (Non-Refundable)

TEST DATE: Beginning on Thursday, October 16, 2014; however, date is subject to change

JOB DESCRIPTION: Maintain, inspect, test, diagnose, overhaul, rebuild and repair all vehicle systems, components and accessories to industry work standards.

SALARY: \$20.0515 - \$22.3100 per hour for a 40-hour week, increasing to \$28.6450 - \$31.8725 per hour in the fourth year.

## BUS MAINTENANCE SUPERVISOR

EXAM NO.: 4304 APPLICATION DEADLINE: June 24, 2014 APPLICATION FEE: \$68.00 (Non-Refundable)

TEST DATE: Beginning on Monday, September 15, 2014; however, date is subject to change

JOB DESCRIPTION: Supervise Bus Maintainers (Chassis) and other maintenance and transportation titles performing the maintenance, installation, inspection, testing, alteration, shifting, and repair of buses and other automotive vehicles, and related bus shop equipment

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## Horoscope

**♊ Gemini | May 22-June 20.** It's time to start living a healthier lifestyle. Let others discover your talents. Without being boastful, showcase what you can do.

**♋ Cancer | June 21-July 22.** You can gain perspective if you surround yourself with young people. Keep your plans flexible so you can be ready for any challenge.

**♌ Leo | July 23-Aug. 22.** A family dispute will weigh heavily on your mind. Get together with the person causing the problem and go over the issues rationally.

**♍ Virgo | Aug. 23-Sept. 22.** A friendship will escalate into a prosperous partnership. Gather as many allies as you can and formulate a plan for mutual success.

**♎ Libra | Sept. 23-Oct. 22.** A small amount of your time can make a difference to someone in need. Volunteer, but don't forget that charity begins at home.

**♏ Scorpio | Oct. 23-Nov. 21.** Your high energy will work in your favor today. Use your awesome creativity to move forward on the many projects you face.

**♐ Sagittarius | Nov. 22-Dec. 21.** Official matters should be dealt with swiftly. Be clear about your responsibilities. Stick to the rules.

**♑ Capricorn | Dec. 22-Jan. 20.** The project you have in mind will end up being more difficult than you imagined. Don't be deterred.

**♒ Aquarius | Jan. 21-Feb. 18.** Erratic behavior will damage your reputation at work. Keep a cool head on your shoulders and perform your tasks diligently and quietly.

**♓ Pisces | Feb. 19-March 20.** You are due for a dramatic change regarding how or where you live. A number of possibilities are waiting to be discovered.

**♈ Aries | March 21-April 20.** You are full of energy. The more ventures you take on, the more satisfaction you will receive. A financial gain is apparent.

**♉ Taurus | April 21-May 21.** You'll be feeling overworked and underappreciated. Consider taking a break. Getting together with a close friend will help you relax. **BERNICE BEDE OSOL**

## Sudoku: Easy and hard

	6				7			
9				7	8		5	
2	3			4			6	
	7	8				9	6	
			3	9	2			
4	9				1	3		
	4			6			8	9
	8		1	3				7
		6				1		

			4				9	
3		6	1					7
	8						6	5
6				1	9			4
	4	3				1	7	
5			7	4				9
8	3						1	
2				1	9			8
	5			6				

## How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Crossword

## Across

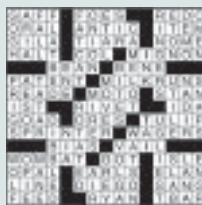
- 1 Apple rival
- 4 Fontanne's husband
- 8 Lesson
- 13 Herr's wife
- 14 — Khayyam
- 15 Put out bait
- 16 Author Roald —
- 17 Speeding up software
- 19 Delegate
- 21 Pamplona yell
- 22 Writer — Grey
- 23 Uttered
- 25 Chem rooms
- 27 "The Jungle Book" panther
- 31 Tiara
- 35 Film exp. index
- 36 Nary —
- 38 A couple of times
- 39 Moon buggies
- 41 Rabbi's reading
- 43 Barge
- 44 Prayer-wheel turners
- 46 Fragrant trees
- 48 Bracket type
- 49 Less fresh
- 51 Lives it up
- 53 Art colony town
- 55 The check — the mail
- 56 "Get real!" (2 wds.)
- 59 Hawaii's Mauna —
- 61 Refuse to say (2 wds.)
- 65 Handel's Chorus

## Down

- 68 Judge's bench
- 69 Keep — to the ground
- 70 Nigerian singer
- 71 Aberdeen kids
- 72 Trial runs
- 73 Eddie's cop character
- 74 Rock genre
- 1 Tax shelters
- 2 Scroogeian cries
- 3 Stubborn
- 4 Most madcap
- 5 Strike caller
- 6 Its HQ is Brussels
- 7 Warble
- 8 — Baba
- 9 Lumbermill cutters (2 wds.)
- 10 Libretto feature
- 11 Knoxville st.
- 12 Rim or trim
- 13 Rx monitor
- 18 Medieval quaff
- 20 Earth goddess
- 24 Sag
- 26 Morsel
- 27 Formal dances
- 28 Usher's quest (2 wds.)
- 29 — globulin
- 30 Mr. Goldfinger
- 32 Chops fine
- 33 Paris school

- 34 Whimpers
- 37 Maui veranda
- 40 Dried-out lake, perhaps (2 wds.)
- 42 Uranus finder
- 45 Bounding main
- 47 Get dirty
- 50 Pastry
- 52 Powerless
- 54 March composer
- 56 At the drop of —
- 57 Rational
- 58 Seine moorages
- 60 Comet rival
- 62 Polite address
- 63 Cancel
- 64 Dell products
- 66 RN stations
- 67 Lime cooler

## Weekend's answer



## Letters

## No separate dating rules

**Re: '5 Tips for Picking Up Brown-Skinned Women' (Metro.us)** The article "5 Tips for Picking Up Brown-Skinned Women" should be titled "5 Tips for Picking Up Women." Do you plan on featuring a piece on how to pick up white women? I'm still unsure as to what is so difficult about picking up a brown-skinned woman? I'm easygoing and will date any man who has the confidence to ask me on a date.

Next time let's talk about the challenges couples in interracial relationships face. Or maybe why men find it difficult to pick up a brown-skinned woman. I'd love to know.

**ISABEL BARROS, VIA EMAIL**

## D-Day over Cruise

**Re: 'Cruise can take the heat' (Metro, June 6-8)** June 6 marked the 70th anniversary of the Allied invasion to liberate Europe of Nazi control. But Metro commemorates this important date in history with a front page of Tom Cruise's new movie and again on page 5. It's apparent that you DO understand the role history has played in his films, but not about what it played keeping U.S., France and others from having to practice that special salute Hitler was fond of using.

**GORDON HALLETT, VIA EMAIL**

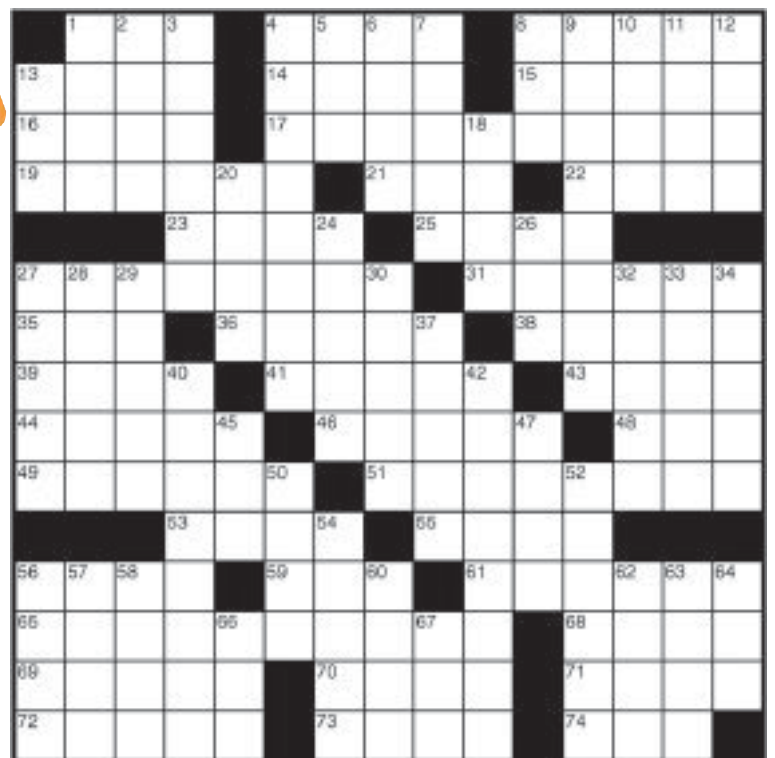
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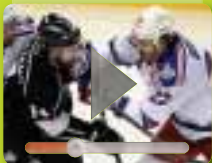


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# 3

## SPORTS

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Find videos and recaps of every game in the Rangers-Kings Stanley Cup Final at: [Metro.us/sports](http://Metro.us/sports).

# Rangers return to MSG planning on comeback

## Stanley Cup Final.

The Kings held serve with two home wins, but the Rangers aren't going to surrender.

Teams taking a 2-0 lead in the Stanley Cup Final are 43-5 all time. The Kings stand in that position now as they come to Madison Square Garden.

But the Rangers need only look to their head coach to know all about squandering a two-game lead in the Stanley Cup Final. In 2011, Alain Vigneault's Canucks did just that with a 2-0 series lead over the Bruins. Boston won Games 3 and 4 and eventually the series.

"You realize what's at



Lundqvist made 39 saves, but he couldn't stop one last redirection from Dustin Brown. / GETTY IMAGES

stake. [The] series isn't over yet." Rangers defenseman Ryan McDonagh said after the Game 2 loss. "They've got a 2-0 lead, but we're going home, we're

excited, we got to use our crowd here. They just won two at home so we've got to start with Game 3 and have a good approach there, and keep staying with it, keep believing and keep going forward."

The Rangers squandered three two-goal leads in Game 2. They've now led for 50:03 in the series, while the Kings have not led once in regulation but have still picked up two overtime victories.

"We could be up 2-0 right now, but they're up 2-0," right wing Martin St. Louis said. "It hurts a little bit right now, but tomor-

## By the numbers

# 57.1

The home team has a record of 20-15 (57.1 percent) in Game 3 when they have lost the first two games on the road. But their series record is just 3-32 (8.6 percent) all time.

row you wake up and get back to work."

New York will host Los Angeles in Game 3 on Monday at 8 p.m. on NBC Sports Network.

**MARK OSBORNE**  
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[mark.osborne@metro.us](http://mark.osborne@metro.us)

## Boyle-ing over



BOYLE HAS ONE POINT AGAINST THE KINGS.

GETTY IMAGES

## Lundqvist, Boyle angry after loss

Many of the Rangers were visibly angry after the Game 2 loss. Part of the anger was over the Kings' third goal, which Henrik Lundqvist said he was "extremely disappointed" wasn't called goalie interference.

Head coach Alain Vigneault would only say, "Ask the NHL," why interference wasn't called.

Brian Boyle took a less politically correct tact when asked about being underdogs.

"I don't give a s— about underdogs. That's ridiculous," he said. "We're a good team too." **METRO**

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## MLB. Yankees fall to .500 with loss at Royals, Mets lose to Giants

The Yankees couldn't solve James Shields on Sunday as the Royals starter led his team to a 2-1 victory.

The Yankees have now lost six of eight games in June and fell to 31-31 overall. They have not been under .500 since they were 2-3 after an April 5 loss to the Blue Jays in the second series of the season.

Shields allowed no earned runs over six innings and struck out eight Yankees. Hiroki Kuroda was solid for the Yankees, allowing two runs and throwing just 90 pitches in seven innings. But New York could not figure out Shields or the bullpen trio of Aaron Crow, Wade Davis and Greg Holland, who each pitched a shut-out inning.

The Yankees were a



Kuroda is now 4-4 on the season. / GETTY IMAGES



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miserable 1-for-17 with runners in scoring position.

### Giants 6, Mets 4

Zack Wheeler's disappointing season continued against the team that traded him to New York.

The Mets lost 6-4 to Tim Lincecum and San Francisco on Sunday, as Wheeler allowed six hits and four earned runs in just 3 2/3 innings.

Curtis Granderson hit two home runs off Lincecum, but no one else on the Mets had an RBI.

Catcher Anthony Recker was 0-for-4 one day after the Mets sent down Travis d'Arnaud. Manager Terry Collins admitted "it's going to take him a while" to find his swing. D'Arnaud was batting .180 with three homers. **MARK OSBORNE**



GETTY IMAGES

## Rafael Nadal wins ninth French Open

The king of clay was back in form on Sunday with a 3-6, 7-5, 6-2, 6-4 win over Novak Djokovic in the French Open final. Nadal won his fifth straight French Open, ninth overall and tied Pete Sampras for second all time with his 14th major victory. Roger Federer is first with 17 titles.

### Sore loser?

## Coburn holds on to stance

Co-owner of California Chrome Steve Coburn is not backing down from

comments made after his horse came up short in a bid for the Triple Crown.

"These people nominate their horses for the Triple Crown and then they

hold out two [races] and then come back and run one," he told ESPN. "That would be like me at 6' 2" playing basketball with a kid in a wheelchair." **METRO**

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## LEGAL NOTICES

NOTICE IS HEREBY GIVEN, PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday June 18th, 2014 at 2:00 p.m. at 66 John Street, 11th Floor, on a petition for 156 Seventh Ave. Group LLC to continue to maintain, and operate an unenclosed sidewalk cafe at 156 Seventh Avenue in the Borough of Manhattan for a term of 2 years. REQUESTS FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004.

NOTICE IS HEREBY GIVEN that a license, Number Pending for On-Premise Liquor has been applied by the undersigned to sell Liquor, Wine & Beer at retail in a Wine Bar under the Alcoholic Beverage Control Law at 308 Broadway, New York, NY 10031 for on-premise consumption. Anchor Winebar LLC

NOTICE IS HEREBY GIVEN that a license, Number 1278786 for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 41-11 150th St. Flushing, NY for on-premises consumption. Well-Being Garden Inc.

NOTICE IS HEREBY GIVEN that a license, Number Pending for On-Premise Liquor has been applied for by the undersigned to sell Beer, Wine & Liquor at retail in a Restaurant under the Alcoholic Beverage Control Law at 28-04 Steinway St., Astoria, NY 11103 for on-premise consumption. Two Brothers Cafe and Restaurant Corp. d/b/a Jour et Nuit Cafe and Restaurant

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■ **I was skeptical.** I bought a box and it worked as advertised. Within a week I had relief. *Howard Toy, 69, Henderson, NV* ■ **It's heaven to sleep through the night.** For many years I had 6-7 sleep interruptions every night. Had urgent trips to the bathroom day and night with discomforts. I enjoy my new life. *Angus Pike, Oshawa, ON*

■ **I am truly amazed and relieved.** After 2 weeks I no longer have to get up during the night. I'm enjoying a normal sex life again. I hope a lot of men with a prostate issue give this tea a shot. It's difficult to express how delighted I am. *Clarence A. Rehrig, 58, Allentown, PA* ■ **Know the truth.** This is my third year of drinking the Ezee Flow Tea. I highly recommend it. A real life saver. *Thomas M. Thurston, Forsyth, GA* ■ **Women** suffering with incontinence, UTIs ask for Bladder Control Tea for Women #4b. Guaranteed relief within days. **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**



#26

■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. *William Oliver, Portsmouth, VA* ■ **I have been taking Bell #26 now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! *Mary Earl, Longview, TX* ■ **I started to take Bell Blood Pressure Formulation #26.** After about 30 days my blood pressure was normal. My doctor was very happy with me. *Irene Surridge, 67, Owen Sound, ON* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. After taking Bell Blood Pressure Formulation #26. It made a difference in my life. *Milton Perdomo, 68, Rego Park, NY* **No need to make claims. Bell relays 100% truthful user's free speech. No money is paid for it. No questions asked guarantee.**

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■ **Last couple of years I tried everything.** Results with Bell Skin Disorders #60 were unbelievable. I have beautiful skin again. Thanks **#60** for giving back my self-esteem. *Nelisa Royer, 28, Doran, FL* ■ **My mom bought Bell #60.** I was skeptical. It did work quickly and better than anything else. *Christopher Seraphin, 14, Brooklyn, NY* ■ **It worked.** I no longer have to hide at home, because I was ashamed to be seen. *Agnes Casillas, 60, New York, NY* ■ **Can wear again dresses** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. *Yvette Maclean, 40, Lodi, CA* ■ **I was trying everything for years** and nothing worked. I felt physical and emotional pain having to hide. Finally I found your Bell #60. I'm so grateful and impressed about how fast it worked with amazing results. *Eulalia Isabel Sanchez Martin, 30, Brampton, ON* **Skeptics can call everybody. All are real people like you or your friends.**



#23

## SNORING?

**As recommended by Dr. Gifford-Jones M. D.**

Here is proof that snoring can be corrupting your health and your marriage. Three out of 10 couples are considering divorce because of snoring says a major magazine article. You are not alone! An official survey says 48% of all people snore. 75% are affected, if you add non-snoring husbands that have snoring wives or vice versa. Snoring is caused by slack muscles in the throat. A common complaint is that people feel that they are not well rested in the morning. Many people wrote they are now sleeping like a babies. Their partners are delighted. This natural health product Sound Sleep #23 usually helps the first night. No side effects.

■ **College professor had lack of good sleeps with many interruptions** for last 8 years that made her tired during the day. Within 3 days taking Bell Sound Sleep #23 the terrible snoring stopped. I wake up feeling refreshed and energized. I can concentrate in a focused, happy manner. I feel delighted with this natural product. *Dr. Anele E. Heiges, 77, New York, NY* ■ **A life changing product.** The very first night I took the capsules and every night after I had a restful and wonderful sleep. It has been a God send and blessing. I am by nature a skeptic. The money-back guarantee convinced me to try it. *Jimmy Pay, 53, Gardendale, AC* ■ **3 Years on Bell Sound Sleep #23.** My wife and I are entirely satisfied. Snoring episodes have completely disappeared. This has improved our lives enormously. *Leo Fortin, 60, St-Georges, QC* ■ **Basically you saved my husband's life.** For the last 5 years my husband had very bad nights. Bell #23 was nothing short of a miracle. I have my husband back. No more snoring. No more napping during the day. I am telling all our friends. *Bonnie Johnson, 64, Wichita, KS* ■ **My life changed. Sleep now 7-8 hours.** I am a retired college professor and author of books. I have no more need to nap during the day. Nothing I tried helped until I started Bell Sound Sleep. I am so delighted with this product I would like to make motivational speeches to help others. *Carmen V. Caruso, 66, Ann Arbor, MI* **On the Bell Website we list phone numbers or email addresses of actual users of this product and all other Bell products. Most are delighted to talk about their relief.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

■ **AVAILABLE IN MANHATTAN:** New Life Nutritional Centre 714 W. 181 St. Cash Rx Plus 746 10th Ave. @ W 51st St Cordette Drugs 55 W 39th St @ 6th Ave. Cross County Pharmacy 1514 Madison Ave. @ 103rd Food For Health 1653 3rd Ave. New London Pharmacy 246 8th Ave @ 23rd St. A Matter of Health 1478 1st Ave. @ E 77th St. Ajanta Pharmacy 2718 8th Ave. @ 145th St Arrow Pharmacy 883 9th Ave. @ 57th St. Blake Pharmacy 1868 3rd Ave. @ 103rd St. Bliss Pharmacy 1590 Madison Ave. @ 107th St. C & C Nutrition 561 W 179th St. @ St. Nicholas Ave. Dile Punab Deli 170 9th ave @ 20th @ 21st St. Harlem RX Pharmacy 102W. 116TH St. Health IS Wealth 184 7th Ave. Earth Matters 177 Ludlow St. @ Houston St. Elm Health 1695 1st Ave. @ E 88th St. Metro Drugs 7 West 14th St. near 5th Ave. Metro Drugs 931 Lexington Ave. @ 68th St. #92 Pharmacy 1938 2nd Ave. @ E. 100th St. VLV Med Pharmacy 4085 Broadway St. Earth Matters 177 Ludlow St. @ Houston St. Gary Nul's Uptown Whole Foods 2421 Broadway St. Health Harvest 820 2nd Ave. Natural Green Market 162 3rd Ave. Pro Health Pharmacy 385 2nd Ave. Pro Health Pharmacy 370 Lexington Ave.

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